Patient Name: Primary Care Provider Primary Care Clinic Na Symptom Triggers: GREEN ZONE "GO! All Clear"	Name:		Phone: V ZONE means to dicine(s)	ake the follow			
Peak Flow Range:to (80-100% of personal best)	- Breathing is easy - Can play, work, and sleep without asthma symptoms	Spacer Used: Take the following medicine if needed 10-20 minutes before sports, exercise, or any other strenuous activity.					
YELLLOW ZONE "Caution" Peak Flow Range:toCo. (50-80% of personal best)	- Wake up at night bugh or wheeze - Chest is tight	If beginning oral steroids. Use Quick Renebulizer on to the GREEN	very day and add to ma symptoms from cine(s) cold symptoms, cold	the following reference to the following referen	tor before starting utes for up to 1 hoursetter or you do not instructions han 12-24 hours, cal	r or use return s.	octor.
	Plan provides authorization for	Call Your Doc Take these me If your sympto go to the eme Reliever Me	tor NOW! edicines until you to me do not get bette ergency room or edicine(s)	talk with your ter and you ca call 911 imm	an't reach your doctor,		
This child has the knot Date I give my permission for this as this authorization is for one year MD/NP/PA Day care provider This authorization may replace school/daycare. My child (circle Date Date Date This child has the knot permission for this authorization in the knot permission for this authorization may replace school/daycare. My child (circle Date Date Date This child has the knot permission for this as the knot permission for this as this authorization is for one year.	ar, but may be revoked at any Scho Coac or supplement the school's/d	by the following in ord time per my request, ol/school health office h aycare's consent for , self-administer and o	ler to share information wi submitted by phone or in	writing. (Add names Clinic Other and allows my child	s for those that apply) b/Hospital r d's medicine to be administered	d at	

MDH Asthma Program: Toll Free: 877-925-4189 Local: 651-201-5909

Website: http://www.health.state.mn.us/divs/hpcd/cdee/asthma/